

**North Carolina State University
Group Insurance & Benefits Committee (GIBC)**

**April 12, 2010 Minutes
3:30 p.m.
Administrative Services III Building, Conference Room 101**

Members Present: Robert L. Davis, Dennis Daley, Edmund Estes, John Franke, Jen Larkin Rowley, K.L. Murty, Jennifer Riehle, Linda Sellars, Carol Vreeland

Members Absent: Celeste Farr, Qiana Harvey, Dolores Lawson, Vicky Merritt, Joseph Roise, Roby Sawyers

Ex-Officio Members Present: Denis Jackson, Sheri Schwab, JoAnne Woodard

Ex-Officio Members Absent: Barbara Carroll, Yvette Griffin

Call to Order: Robert L. Davis, Chair, called the meeting to order at 3:37 p.m.

Minutes: Minutes from the March 8, 2010 meeting were reviewed and approved as written.

Previous Business: Robert L. Davis, Chair

On-Site Medical Center

- Robert L. Davis reviewed previous discussion from the Committee on the proposal for an on-site medical center. Mr. Davis asked the Committee to share its ideas about how to proceed with the proposal. These ideas included expanding the scope of Student Health Services, partnering with Centennial Campus to bring a business to campus and having a health promotion/wellness center on campus.
- The Committee discussed ways to proceed with a proposal and recommended the following ideas:
 - Recommend the University officially examine the issue instead of the Committee trying to partner with groups on campus to promote the idea.
 - Recommend a feasibility study be conducted that would include the cost of such a facility, the interest in a facility and the proposed usage of the facility.
 - Would it be possible to attract a business to Centennial Campus, track its usage and make a proposal from this information?
 - Moving forward with both recommendations was approved unanimously by the Committee.
- Some Committee members wondered how expensive such a study would be.
 - The idea to use current graduate students in certain programs was proposed.
- Jen Larkin Rowley updated the Committee on Staff Senate's ideas in regards to the on-site medical center. Staff Senate viewed an on-site medical center as a place to get treatment that would result in less time away from work.

- The Committee also discussed comparing the planning of the on-site medical facility to the child care center planning.

Worksite Wellness

- Committee members wanted to know the status of current wellness programs on campus.
 - Sheri Schwab discussed the formation of the Eat Smart, Move More Weigh Less program, which was designed by CALS Extension personnel. The program's curriculum belongs to CALS, but is currently being offered throughout the state and at several locations on campus.
- The Committee readdressed the idea of proposing the creation of a full-time wellness coordinator position to coordinate and facilitate wellness efforts on campus. Many felt that now would be an advantageous time for such a proposal since the Comprehensive Wellness Initiatives (CWI) will include body mass index in 2011.
 - The Committee agreed that it would be important to include a wellness coordinator position in any formal request.
 - Robert L. Davis wondered if this type of request should come from the Worksite Wellness Committee instead of GIBC.

Other Items from Committee Members

- Robert L. Davis distributed a rough draft of his annual report for review. Some suggestions for his report included:
 - Discussing how the topic of an on-site health care facility came about.
 - Adding some of the items from the monthly Benefits Office Updates.
- Robert L. Davis will continue to work on the report and send a copy to the Committee electronically for their review and feedback.
- The requests for Robert L. Davis and Dennis Daley to remain on the committee have not yet been approved.
- Chair-elect Carol Vreeland's term will begin on July 1, 2010.

Adjournment: The meeting adjourned at 4:23 p.m.

Next Meeting: The final meeting of the 2009-2010 year will be held on May 10, 2010.